



THE SPACE

YOGA STUDIO

200 HR YOGA TEACHER TRAINING PROGRAM APPLICATION 2023



PETER STERIOS

200 HR YTT PROGRAM LEAD TEACHER **KRISTEN MCQUAIDE** ERYT- 500, YACEP, AYURVEDA WELLNESS COUNSELOR, CREATOR, AND DIRECTOR OF THE SPACE YOGA STUDIO. Yoga Alliance Accredited.

We thank you so much for your interest in our upcoming 200 HR YOGA LEVITYoGA TEACHER TRAINING Program at THE SPACE YOGA STUDIO with Kristen Bini McQuaide & one weekend with Peter Sterios. Kindly note to be considered for this program, you will need to turn in the Application Form and pay the required NON-REFUNDABLE DEPOSIT of \$500 to secure your space in the program.

Space is limited!!! Enrollment is on a first-come, first-serve basis.

Your \$500 deposit goes towards your tuition.

Covid-19 we will follow local & state protocols accordingly.

TUITION OPTIONS

DEPOSIT:	\$500 (Nonrefundable with Application)
SPECIAL PRICE A:	\$3500 (Paid in full by August 20, 2023)
REGULAR PRICE B:	\$3900 (Paid in Full by September 1, 2023)
PAYMENT PLAN PRICE C:	\$4500 (Paid in full by March 24, 2024)

TUITION POLICIES

To secure your space in the 200 YTT program your **nonrefundable deposit of \$500** is due when you turn in this application.

To receive the Special Price A of \$3500 the remainder of the tuition must be paid on or before August 20, 2023. Any payment that THE SPACE YOGA STUDIO receives after the required date will forfeit any Discount offered. If mailing a check for your Tuition Balance due, please allow the following delivery times: 5 days for domestic mail:

10 days for international mail. Tuition option B must be paid in full by Sept 1,2023. Tuition option C must be paid in full by the second to the last module, March 24,2024.

TUITION INCLUDES

1. 200 HR YTT Yoga Alliance Accredited Manual
2. Free unlimited access to all The Space Yoga classes for the duration of your training. Sept. 8, 2023 – April 7, 2024.
3. One 60 minute private or semi-private class with Kristen McQuaide.
4. 25% off items from our lifestyle boutique through the duration of your training, Sept. 8, 2023 – April 7, 2024.

TUITION DOES NOT INCLUDE

3 Books

Accommodation/housing,

CC processing fees

Skip the CC processing fee [3%] pay via Venmo @thespacevisalia check The Space Yoga Studio or cash

CANCELLATION POLICIES

Cancellation of Enrollment Agreement Once accepted for the Program, Students will receive an Enrollment Agreement, which must be signed and returned before **September 1,2023**. Students will receive a full refund of the Deposit, less a \$100 Cancellation Fee if THE SPACE YOGA STUDIO receives a written Notice of Cancellation before **September 1, 2023**.

Withdrawal or Dismissal (September 8th, 2022)– If you withdraw or are dismissed from the Program between **September 8 – 19, 2023** students forfeit all of the Deposit and are entitled to a 50% refund of Tuition paid; B) If termination occurs between **September 8, 2023**, and the completion of the Program, there will be no refunds for any reason.

Refunds - Payments for refunds are made within 30 days of receipt of written Notice of Cancellation, Notice of Withdrawal, or after the effective date of dismissal from the program. If you withdraw or are dismissed from the Program after **September 8, 2023**, you are obligated to pay full Tuition.

Enrollment Agreement:

Upon acceptance into our program, and once you turn in your **application, deposit, and 3 letters of recommendation**, you will receive the **Enrollment Agreement**. The enrollment agreement defines 1) your responsibilities during the Program and 2) our responsibilities and what we will provide you during the Program.

Your signed and completed Enrollment Agreement is required no later than September1,2023

For correspondence by email, use **thespacevisalia@gmail.com**; for correspondence or checks by regular mail, **The SPACE YOGA STUDIO, 525 E Acequia Ave, Visalia, CA 93292**

PERSONAL INFORMATION

Name:

Date:

Address:

Phone (cell/mobile):

email:

Birthday:

I identify as: _____

References: (Submit 3 Letters of Recommendation to us on your

behalf via email at: thespacevisalia@gmail.com . We are trying to understand you as a whole person. Pick the people that know you best.

About You:

1. How many years have you practiced yoga?

Do you have a home practice? (Y / N)

2. How many days per week do you typically practice?

3. What style of yoga do you usually practice?

4. At which yoga studio(s) do you currently practice?

5. Who are the primary yoga teachers you have studied with?

For how long?

6. Do you practice meditation or pranayama? (Y / N)

7. Is this your first Yoga Teacher Training program? (Y / N) If yes, please list prior trainings:

8. Are you currently teaching yoga? (Y / N) If yes, how long have you been teaching?

9. Why are you interested in The Space 200 HR Yoga Teacher Training Program?

10. What are your expectations for this training, i.e. what do you hope to achieve at the completion of the Program?

11. How did you hear about our Program?

Medical History:

Please complete the medical history section below so that we can be sure to respond to any emergencies should they occur during your training. Please note that none of your responses will exclude your from being accepted into the program.

1. How would you evaluate your current health? (briefly describe any challenges)
2. List any past or present injuries and health conditions:
3. Are you pregnant or planning to become pregnant during the course of the training? (Y / N)
4. Are you currently, or during the last two years have you been under the care of a physician or mental health care professional? (Y / N)
5. Please list medications you are taking prescribed by your physician or mental health care

professional: _____

200HR LEVITYoga™ Teacher Training Program at The Space Yoga Studio 525 E Acequia Ave Visalia Ca 93292 – www.thespacevisalia.com thespacevisalia@gmail.com 559.366.2916

